Hinderances to Worshiping God Psalm 40:1-11

Worship is a most and part of a believer's life. Psalm 40:1-11 illustrates the crucial nature of worship for the believer and helps us identify attitudes that hinder worship.
In verses 1-3, David expresses what has prompted his praise and worship. He reflects on some rescuing him from some desperate situation. David recognized that his current, blessed standing was not his own doing but God's. Here is the first potential hindrance to worship: a failure to recognize our total on God people are praise-less people. Because David recognized God was the author of all that was good in his life, he could not help but praise.
Verses 4-5 identify the content of his praise and worship. His song reveals a second hinderance to worship: not being "" regarding our trust of God. Praise is less likely to be the choice of those with James referred to the person who is "double-souled." Jesus called it trying to serve two masters people are praise-less people. Many Christians find praise and worship to be mundane and uninteresting because they simply aren't in God as their source and their life.
In verses 6-11, David expresses his commitment to continue to praise and worship God. In doing so, he reveals one final hinderance to worship: misunderstanding the of our praise. God wants our praise to be abundant and vibrant because, as others witness it, it directs them to Him people are praise-less people.
David knew his worship would leave a for others of hope, encouragement, faith, confidence.
Missionary and author Dan Bauman characterized worship as a on which there is movement in 2 directions: God comes to man, and man goes to God. Worship is the between God and man. What is hindering your worship so that you might meet Him?